



JUNGKI KWAN MIDWEST
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Classes Available:

- Hapkido - HAP
- Kumdo - KMD
- Women's Self Defense - WSD
- Core Combat Logistics - CCL
- FitCut - FIT
- Kuhapdo - KUH
- CheRyuK - CHE

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 am		6 - 7:00 am		6 - 7:00 am		6 - 7:00 am	
6:30 am		FIT		FIT		FIT	
7:00 am		7 - 8:00 am		7 - 8:00 am		7 - 8:00 am	
7:30 am		FIT		FIT		FIT	
8:00 am		8 - 9:00 am		8 - 9:00 am		8 - 9:00 am	
8:30 am		CHE		CHE		CHE	
9:00 am		9 - 10:30 am		9 - 10:30 am		9 - 10:30 am	9 - 11:00 am
9:30 am		HAP		HAP		KUH	KUH
10:00 am							
10:30 am						10:30 - 12 pm	
11:00 am						HAP	11 - 12:30 pm
11:30 am							WSD
12:00 pm							
12:30 pm							
1:00 pm			1 - 2:30 pm		1 - 2:30 pm	1 - 2:30 pm	1 - 2:30 pm
1:30 pm			HAP		HAP	HAP	HAP
2:00 pm							
2:30 pm						2:30 - 4 pm	
3:00 pm						CCL	3 - 5:00 pm
3:30 pm							KMD
4:00 pm						4 - 5:30 pm	
4:30 pm			4:30 - 5:30 pm			WSD	
5:00 pm			KMD				
5:30 pm		5:30 - 7:30 pm	5:30 - 7 pm		5:30 - 7 pm		
6:00 pm	6 - 7:30 pm	KUH	HAP	6 - 7:30 pm	HAP		
6:30 pm	WSD			WSD			
7:00 pm							
7:30 pm	7:30 - 9 pm	7:30 - 9 pm	7:30 - 9 pm	7:30 - 9 pm			
8:00 pm	HAP	HAP	HAP	HAP			
8:30 pm							
9:00 pm		9 - 10:00 pm		9 - 10:00 pm			
9:30 pm		KMD		KMD			